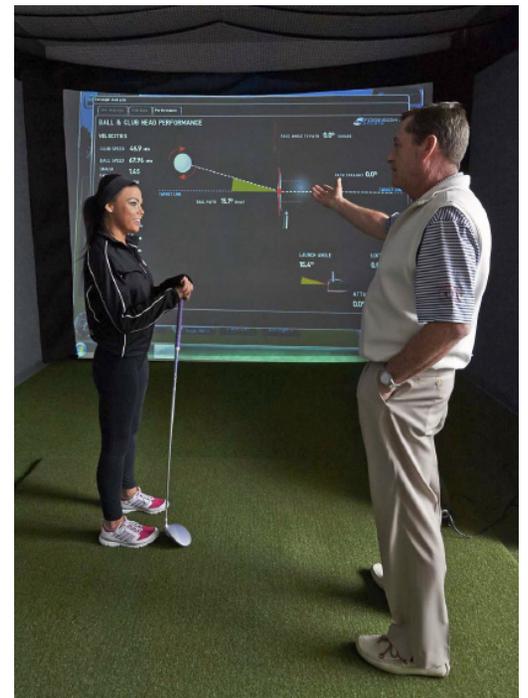


Good players have the ability to control their distances, especially with their scoring clubs: Their wedges and short irons

Gapping

It is extremely important to know how far you fly each club IN THE AIR. I like the indoor studio environment because of the controlled conditions and the accurate data of the Trackman device that we use at the studio. I like my students to hit 5-7 shots with each club in their bag. We record how far the solid strikes fly and the air and then we record them. This gives our students a true and accurate picture of how far they actually fly each club. I highly suggest paying your local Golf Professional a visit to go through this gapping exercise.



Rarely in a round of golf do you have a perfect distance to the hole that requires a full swing. More than likely you will be faced with a shot that requires you take something off a full swing distance.

Here is a really effective drill to help players develop a feel for distance with the scoring clubs:

- Start with your most lofted wedge, maybe a 58 or 60 degree club and hit shots to targets of 50, 60, 70, and 80 yards, 5 balls each
- Next, take your next lofted club, maybe a gap wedge and hit shots of 60, 70, 80 and 90 yards, 5 balls each
- Next, the Pitching wedge, hit shots of 70,80,90, 100 and 110 yards. You will be surprised at how fast you can improve your feel for distances by going through this drill a few times!

Usually you can take something off the distance that the ball is going by simply gripping down on the club and narrowing your stance a bit, which will regulate the length of your backswing.